

# ☸ EAST ☸

## Blessing for Dwelling in the Sukkah

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ  
לֵישֵׁב בְּסֻכָּה.

*Barukh atah Adonai, Eloheinu melekh ha-olam  
asher kid'shanu b'mitz'votav v'tzivanu  
lay-shev ba-sukah.*

Blessed are you, Adonai, our God, sovereign of the universe,  
who has sanctified us with Thy commandments  
and commanded us to dwell in the Sukkah.

## Shehekheyanu (first time in the Sukkah only)

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
שֶׁהַחַיָּנוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ לְזֶמֶן הַזֶּה.

*Barukh atah Adonai, Eloheinu melekh ha-olam  
she-hekh-eyanu v'kiy'manu v'higi'anu la-zman hazeh.*

Blessed are you, Adonai, our God, sovereign of the universe,  
who has kept us alive, sustained us, and brought us, to this time.

## Blessing for Lulav and Etrog

Stand facing the East (or whatever direction is toward Jerusalem from where you are).



Take the etrog in your left hand with the step (green tip) up and the pitam (brown tip) down. Take the lulav (including the palm, myrtle, and willow branches bound together) in your right hand. Bring your hands together and recite the blessing below.

After you recite the blessing, turn the etrog so the stem is down and the pitam is up. Be careful not to damage the pitam! With the lulav and etrog together,

gently shake forward (East) three times, then pull the lulav and etrog back in front of your chest. Repeat this to the right (South), then over your right shoulder (West), then to the left (North), then up, then down.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ  
עַל נְטִילַת לולָב.

*Barukh atah Adonai, Eloheinu melekh ha-olam  
asher kid'shanu b'mitz'votav v'tzivanu  
al n'tilat lulav.*

Blessed are you, Adonai, our God, sovereign of the universe,  
who has sanctified us with Thy commandments and commanded us to take up the lulav.